

Whaleback Nordic

Jackrabbit Program - 2023



The **Whaleback Nordic Ski Club Jackrabbit Program**, guided by *Nordiq Canada Skill Development Program*, is designed for our young cross country skiers (up to 12 years of age) who would like to learn or improve their cross country skiing skills in addition to enjoying the great outdoors with many old and new skiing friends. The program consists of three levels:

Bunny Rabbit – birth years 2017 -2018

Jackrabbit – birth years 2012-2016

Track Attack – birth years 2011-2012

**Children who are in the Bunny Rabbit Program have to be accompanied by an adult during weekly sessions.*

***Skiers may be assigned to groups based on age, as well as ski-level.*

The Jackrabbit program is a volunteer run, fun, family oriented program which provides a wonderful experience for young skiers! This is an 8-10 week program (weather dependent).

Please complete the contact information outlined below and forward to: whalebackjackrabbit@gmail.com.

Please note here are 2 separate fees: 1. Registration Fees for Jackrabbit Programs can be paid by EMT or in person at the Chalet. EMT can be sent to gnoonanguide@hotmail.com.

Membership fees can be paid online at www.whalebacknordic.com or by cash, cheque or debit at the Chalet. Please see the Whaleback Nordic website for Chalet operating hours. Membership fees cannot be sent via EMT. Fee structure on page 2.

Please check your email each Sunday, especially during those inclement weather days. All announcements will be posted on our Whaleback Jackrabbit Facebook page, please subscribe!

Jackrabbit Email address: whalebackjackrabbit@gmail.com

Megan's Email address: megansryland@gmail.com Telephone: 649-6214

Whaleback Nordic Ski Club Email address: whalebackskiclub@gmail.com Telephone: 643-3841

Child Name: _____ Child's Date of Birth: _____

Parent/Guardian: _____

Parent email: _____ Parent cell #: _____

Phone #: _____ MCP # _____

Please list any allergies or medical issues that the coaches should be aware of:

Rates: Please note that members have access to ski at any time, non-members have to pay for each ski at day pass rates outside of Jackrabbit scheduled days.

Registration Fees:

Jackrabbit/Track Attack - \$23.00 per child to a maximum of \$50.00 + HST (\$57.50) per family **(members)** or \$92.00 per child **(non-members)**

Bunny Rabbit - no charge **(members)** or \$23.00 **(non-members)**

Membership rates: Members have unlimited skiing. More information on membership can be found on the website.

Youth Ski - \$80.00

Junior Ski - \$115.00

Family Ski - \$472.00

Please answer the following questions to assist us with planning:

Are Whaleback Nordic Ski Club rental skis required? A \$5.00 fee is required per session for each set of rentals. Yes____ No____.

Is this child new to cross country skiing? Yes____ No____

What level does this child ski at? Beginner____ Intermediate ____ Advanced____

What type of skis does this child have (check all that apply) classic skis____ skate skis____

What distance does this child regularly ski? New to skiing____ Bunny Hop (1km)____

Fox Trot (2.5km)____ >2.5km____

MEDIA RELEASE CONSENT AND AUTHORIZATION

I hereby consent, acknowledge and agree the Whaleback Nordic Ski Club may use, wholly or in part, images, photographs, videos, audio, or sound recording obtained from/on behalf of this participant, or taken of this participant during related activities. The Whaleback Nordic Ski Club may release all or any part thereof to any public, private, or social media for the purposes of sharing information and for promotion of the Jackrabbit Program.

Name

Date

Thank You

Whaleback Nordic Ski Club